

### **ABSTRACT**

A substantially rigid load bearing apparatus for facilitating manual transport of a load, such as a golf bag, luggage, camping equipment, backpack, and the like. The load bearing apparatus facilitates manual transport of a load by providing independent support  
5 for the load as well as enabling a user to quickly and easily implement the load bearing apparatus in a single motion. The load bearing apparatus may also incorporate a support strap assembly for selectively adjusting the position of the load relative to a user.

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